HOMEOPATHY

Homeopathy is a safe and effective complementary health care system that directs its attention to WHOLE person (being the physical, emotional and psychological components).

The homeopathic method attempts to match the symptoms of a sick person with the description of the toxic effects of a particular substance. Then the substance, in a very diluted potentized form, can be given to stimulate the body’s own defense mechanisms in the sick person.

It is based upon 2 principles:
1) The “LAW OF SIMILARS” (“like cures like”)
2) The “INFINITESIMAL DOSE” (extremely diluted).

Law of Similaris:
A substance which produces symptoms in a healthy person cures those symptoms in a sick person.

Infinitesimal Dose:
The infinitesimal dose is critical to the success of homeopathy. It is also the most curious factor in homeopathy. The amounts of medically active substances in homeopathic remedies range from barely detectable to completely undetectable. In fact, the more a remedy is diluted, the stronger it gets. Many remedies are so diluted, in fact, that the active substances from which they were originally made cannot be detected by current sophisticated analytical methods.

OTHER IMPORTANT CONCEPTS

Potentization:
A procedure of vigorous shaking (succussion) in the process of making a Homeopathic remedy. It is believed that potentization releases the dynamic strength or force of the substance.

Dynamism:
A term used to explain how Homeopathic substances work. Due to the usage of the infinitesimal dose, the only way to explain their action is to admit that these substances have a dynamic strength or force. It is believed that they furnish a kind of coded energy signal that tells the body to react in a certain way. According to this concept, restoring a proper dynamic equilibrium to the organism brings back good health by allowing the body’s self-defense mechanisms to work better.

The Homeopathic Consultation:
This consists of determining the symptoms due specifically to the person’s individual reaction (physical and emotional) to an illness. Homeopathy does not set out to cure an illness with use of a present plan, but instead individualizes the treatment. (i.e.: The practitioner determines which treatment is best for Bob Smith and his ulcer and which is best for Mary Jones and her ulcer). The more a person can personalize their symptoms, the easier it becomes to determine the best therapeutic application.
HOMEOPATHIC SUBSTANCES

Where Do They Come From?
They are derived from 3 natural sources: Plant, Animal and/or Mineral.

How Are They Made?
They are made in approved laboratories using strict FDA manufacturing standards. The methods used are: Dilution and Potentization (via succussion).

Are the Remedies Reliable?
The remedies are considered to be extremely reliable due to the strict manufacturing standards used.

Are They Safe?
They are considered non-toxic with no known adverse side effects. In addition, there are no known drug interactions between homeopathic remedies and traditional pharmaceutical products. Thus, the person who is taking an allopathic drug could also take a homeopathic remedy without fear of interaction or interference between the two substances.

Efficacy
Homeopathy is effective in the treatment of a broad range of conditions, ranging from acne and allergies to depression, fatigue and sleep disorders. Homeopathy is truly a holistic health care approach, treating the entire body and mind as one interconnected whole. Homeopathy addresses physical, emotional and mental needs, without separating any of these from each other. Several studies have documented the efficacy of homeopathic remedies via double blind clinical studies.

In What Form Do the Remedies Come?
Pellets, Tablets, Liquids, Ointments.

Summary Key Points
♣ Homeopathy is a therapeutic method based on the principle that illness can be successfully treated by the administration of infinitesimal doses of substances which, if given to healthy individuals in larger amounts, will cause symptoms similar to those of the illness being treated.

♣ The infinitesimal small dose is critical to the success of homeopathy.

♣ The more a remedy is diluted, the stronger it gets.

♣ Homeopathic remedies are non-toxic, demonstrating no detectable adverse side-effects.

♣ Homeopathy treats the entire body by considering the physical, emotional and mental sides.

♣ Homeopathy considers each person as a whole, and recognizes that each person is a reactional unit, constantly responding to influences of all kinds. The remedies stimulate the body’s own natural self-defense mechanisms, causing them to work more effectively. In times of illness, homeopathic remedies serve to stimulate the reactive nature of a person, acting as catalysts to restore balance and harmony.

♣ The principles of Homeopathy have remained unchanged over the last 200 years, unlike the ever changing ideas in allopathic medicine.
Electro Dermal screening is used to conduct a comprehensive body stress assessment and to determine appropriate ways to achieve healthy energetic balance. The first step in this process is to measure electrical conductivity at responsive points on the skin, typically on the hands and feet. (The locations of the test points are generally the same as those of acupuncture points.) These measurements are recorded to help provide a profile of a patient’s present condition.

According to European medical research, acupuncture points are related to your body’s organs and organ systems. As a patient moves toward or away from health, the condition of any particular organ or system can be sensed at representative points.

Major groups of points are connected through channels, or meridians. Twenty of these meridians begin or end on the hands and feet. As a result, stress associated with the corresponding organs may be surveyed using the indicated points.

Meridian Stress Assessment may be used to screen:

- All the systems, organs and functions of the body
- For allergies and sensitivities to foods, plants, animals, environments, inhalants and most anything we meet in our daily life
- Imbalances in nutritional products such as vitamins, minerals, enzymes, EFAs, proteins, hormones and so on
- The quality of teeth, dental conditions, dental materials and compatible products
- Sensitivity or a weakness to heavy metals, toxic products and pollutants, such as herbicides, pesticides and insecticides
- For parasites, fungus, yeast, candida, bacteria, viruses, vaccines and miasms.
WHAT IS A HEALING CRISIS?

With natural therapies such as homeopathy, herbal remedies, and other biological therapies, the patient may experience an initial increase in symptoms, or what is known as a “healing crisis.” This usually lasts around three or four days and can be similar to what one experiences when ill, for example, with a cold or flu. It may start with a headache, body ache and occasional fever with perspiration. Or one may just feel very tired and sluggish. Doctors from the old school welcome these symptoms as the initiation of the healing process.

To understand the process, let’s take an example, the development of a bacterial infection. It may start with a scratchy throat, then develop into other bodily symptoms including fever. Within a few days the fever reaches a peak, then slowly drops along with a decrease of symptoms. This is the natural course of the body’s healing mechanism. Naturally, many people become impatient when they are ill with a cold or flu, particularly if it lasts longer than a few days, and they seek outside intervention. They go to a physician and obtain a prescription for antibiotics. Antibiotics can indeed be very effective in interrupting the natural cycle of bacterial infections (they are useless against viral infections). This process can, however, lead to other complications. If the antibiotic kills the microorganisms responsible for the illness, the distressful symptoms subside. The body, though, is now flooded with dead microorganisms. If it has the strength and vitality to eliminate these toxic residuals via the kidneys, liver, skin, and intestines, then there is no problem in regaining health. If, however, the body lacks vitality because of poor nutrition, constipation, or a lack of fluid intake (especially clean water), then the body is not able to completely flush out these toxic metabolic wastes.

What Happens to Residual Toxins?
The storage place for toxic metabolic wastes is primarily the connective tissue, which is present throughout the body. Connective tissue is like glue that holds the cells together. Most people are born with an inherited constitutional weakness in a particular organ or organ system. Following the path of “least resistance,” the body uses this area first as a storage place. This is why, when one is ill with a cold or flu, some people experience the symptoms in the stomach, some in the chest, some in the intestines, and others, in the muscles or joints. The same microorganisms can cause different symptoms in different people. Over a lifetime, regular treatment with antibiotics and other anti-inflammatory drugs can fill this storage place with residual toxins, which can eventually interfere with the function of the particular organ system. The cells cannot get the nutrition they need or rid themselves of their own metabolic wastes.

The Natural Process of Healing
Simple illnesses such as colds and the flu are handled in the body by developing a fever. The fever is designed to slowly kill the disease-causing microorganisms. This guarantees that the body does not become overloaded with residuals and can detox slowly and naturally.

The symptoms in a healing crisis are the result of the right therapy unlocking the toxic storage places and expelling the accumulated toxins from the body. This is the only effective and permanent cure for chronic illnesses and diseases.

Of course, during any natural detoxification process, the detoxifying organs such as the lymph system, liver, kidneys, intestines, lungs and skin may need support with individual selected Drainage Remedies. Eating a large variety of vegetables, avoiding sweets and decreasing the intake of meat is advisable. If one still feels weak or tired, rest more and cut back on strenuous exercise. Decrease alcohol and stimulant intake. One should also drink plenty of pure, clean water and avoid stress as much as possible.

Finally, GOOD COMMUNICATION with your practitioner is imperative; sometimes with a slight adjustment in the dosage schedule one can feel better immediately and the body can get on with healing itself. Remember that the discomfort experienced is only TEMPORARY-THE RESULT OF THE BODY PULLING OUT OLD TOXINS. According to some of the greatest European doctors, the stronger the initial reaction, the more the body really eliminates by pulling at the deep roots of the disease.

If there have been many illnesses or diseases in a patient’s history, the detoxification therapy may take the body through a series of regressions during which the patient can experience symptoms of EACH past illness. Should this occur, the patient ought to feel encouraged rather than discouraged, for the symptoms are a positive indication the therapy has a deep detoxifying effect.

As Albert Schweitzer so aptly expressed it, “A good therapy is one that stimulates the healer within.”
INSTRUCTION SHEET

The following instructions and guidelines are to be followed EXACTLY as stated to help ensure the best possible results. Without adhering to the following recommendations, the effectiveness of your remedies can be neutralized and your results disappointing.

1) Liquids/pellets should be placed under the tongue for 10 seconds and then swallowed. You may mix the drops with a teaspoon of water (room temperature), if you so desire.

2) Drops may be mixed together and taken at the same time.

3) All liquid solutions must be taken at least 5 minutes before or after eating or drinking (except water). This also applies to the usage of toothpaste, mouthwash, smoking or chewing tobacco.

4) Try not to suck on mints and cough lozenges during this time.

5) Take caution as not to contaminate the solutions with your fingers, mouth or lips.

6) Store solutions in a clean, dry, cool place away from electrical currents, computer terminals, televisions and microwaves. Passing solutions through x-ray machines repeatedly at the airport may tend to neutralize the solution.

7) Acute conditions tend to respond quicker; chronic conditions tend to respond much slower. It is an absolute MUST that each client exercise patience and compliance.

8) All formulas contain all-natural ingredients (made of plant, animal, or mineral substances) which help to activate the body’s own defenses which help to naturally heal, repair, strengthen, and prevent illness.

THOUGH ASTOUNDING IMPROVEMENTS OFTEN TAKE PLACE, DO NOT BE DISCOURAGED IF THESE QUICK IMPROVEMENTS DO NOT OCCUR IN CHRONIC OR LONG-STANDING CONDITIONS. AS THE VITALITY OF A PERSON IS STRENGTHENED, THERE MAY BE A TEMPORARY WORSENING OR SYMPTOMS. THIS IS USUALLY SHORT-LIVED AND FOLLOWED BY IMPROVEMENT. IF SYMPTOMS ARE AGGRAVATED, THIS IS A GOOD SIGN THAT THE IMMUNE SYSTEM IS FIGHTING BACK AND THE HEALING PROCESS IS IN THE WORKS.
# HOMEOPATHY VS. ALLOPATHY

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<tr>
<th>HOMEOPATHY</th>
<th>ALLOPATHY</th>
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<tbody>
<tr>
<td>Remedies are non-toxic and safe.</td>
<td>Toxicity to virtually all remedies (some can be fatal).</td>
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<tr>
<td>Remedies contain small amounts of natural substances.</td>
<td>Allopathic drugs contain much larger amounts of concentrated synthetic substances.</td>
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<tr>
<td>Works in harmony with the natural healing and regenerative forces of the body.</td>
<td>Works against the natural healing forces of the body.</td>
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<tr>
<td>Supportive.</td>
<td>Suppressive.</td>
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<tr>
<td>Treats the body and mind as one interconnected whole.</td>
<td>Treats the body in parts; excludes the body/mind connection.</td>
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<tr>
<td>“Like Cures Like”</td>
<td>“Opposites Cure”</td>
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<td>The more diluted the remedy, the more potent.</td>
<td>The more diluted, the less potent the remedy.</td>
</tr>
<tr>
<td>Remedies stimulate body’s own self-defense mechanisms.</td>
<td>Remedies inhibit or suppress the body’s mechanisms.</td>
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<tr>
<td>Considers the entire person (physical, emotional, mental).</td>
<td>Considers just symptoms.</td>
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<tr>
<td>Studies the alteration of life energy and its cause.</td>
<td>Studies the organic lesion.</td>
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<tr>
<td>Many lay people practice it.</td>
<td>Lay people may not practice it.</td>
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<tr>
<td>American Institute of Homeopathy was first National Medical Society (formed in 1844).</td>
<td>* A.M.A.: Not the first National Medical Society (formed in 1847).</td>
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* One purpose of being formed was to slow the rapid growth of homeopathies in the United States. The A.M.A.’s code of ethics prohibited its members from even consulting with a homeopath or be subject to expulsion (known as the “consultation clause”).
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<td>It is believed that there is an energy interaction basis for biological reactivity.</td>
<td>It is believed that the only mechanism for biological reactivity is based upon molecular interactions.</td>
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<tr>
<td>Works on an energetic level to stimulate the biology (refer to: “Vibrational Medicine” by Richard Gerber, M.D.).</td>
<td>Works on a pharmacological to stimulate the biology.</td>
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Since the discovery of homeopathy in the early part of the 18th century, it has encountered intense and consistent opposition from the allopathic community.

The general public is increasingly becoming more interested in homeopathy due to its more focused, deeper, cause-oriented approach vs. allopathic’s substantial superficial approach to symptoms only and its potentially dangerous side-effects.

It is often argued that homeopathy has no scientific validity. This is in fact false. In fact, research has been done and does substantiate homeopathic principles and effectiveness.
Layers to Ill Health
“A Barrel Full”

Body Reserve

Toxic Reaction
TRUE HEALTH can only exist when there is a balance between the physical, mental and emotional.
“Recent evidence shows that our physical body is the mirror image reflection or dense energy pattern manifestation of dynamic processes which occur in our bioenergy field. Since our bodies act as communication devices, we are constantly receiving and transmitting information coded into energy signals. Changes in our bioenergy field signal the onset of disease before it occurs physically.”

Phil Allen
Energy, Matter
And Form 1977

Government supported study
FEE SCHEDULE

NOTE: ALL TESTING FEES AND NUTRITIONAL ITEMS ARE TO BE PAID FOR AT THE TIME OF SERVICE (CHECK, CASH, VISA, DISCOVER AND MASTERCARD ACCEPTED). INSURANCE DOES NOT NORMALLY COVER THESE SERVICES.

ADULTS/CHILDREN

1st OFFICE VISIT......$90.00

2nd AND OVER OFFICE VISIT......$60.00

* NUTRITIONALS ARE ADDITIONAL